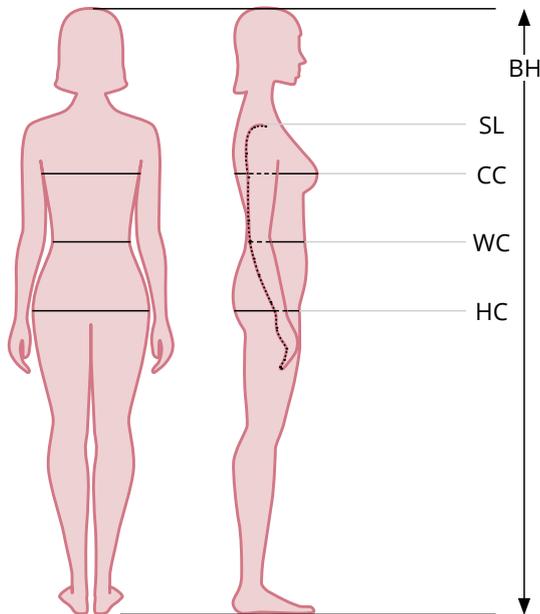


# Runenstein Patterns

Pjatla gives you room for creativity with the round inserts on the necklines and sleeve slits. But you might as well sew them without the stakes. On the pattern sheet, you can choose whether or not to use them. Below the necklines, Pjatla gets width by a box pleat in front and behind. The sloping ribbons on the neck and arm cuffs can be tied as a bow for a romantic look or simply knotted for a more functional variation. A detailed, illustrated instruction will help you with the design. If you need further help, you can find these instructions on our site on facebook.

We want to see you happy!  
Nina and Thomas from Runenstein



confection size	Material requirement
32	130 cm
34	133 cm
36	136 cm
38	139 cm
40	142 cm
42	145 cm
44	148 cm
46	150 cm

**Material recommendation**  
viscose, silk, light cotton, all smooth fabrics

**You will also need**  
approx. 2 m bias tape

### This is how you determine the size of a garment

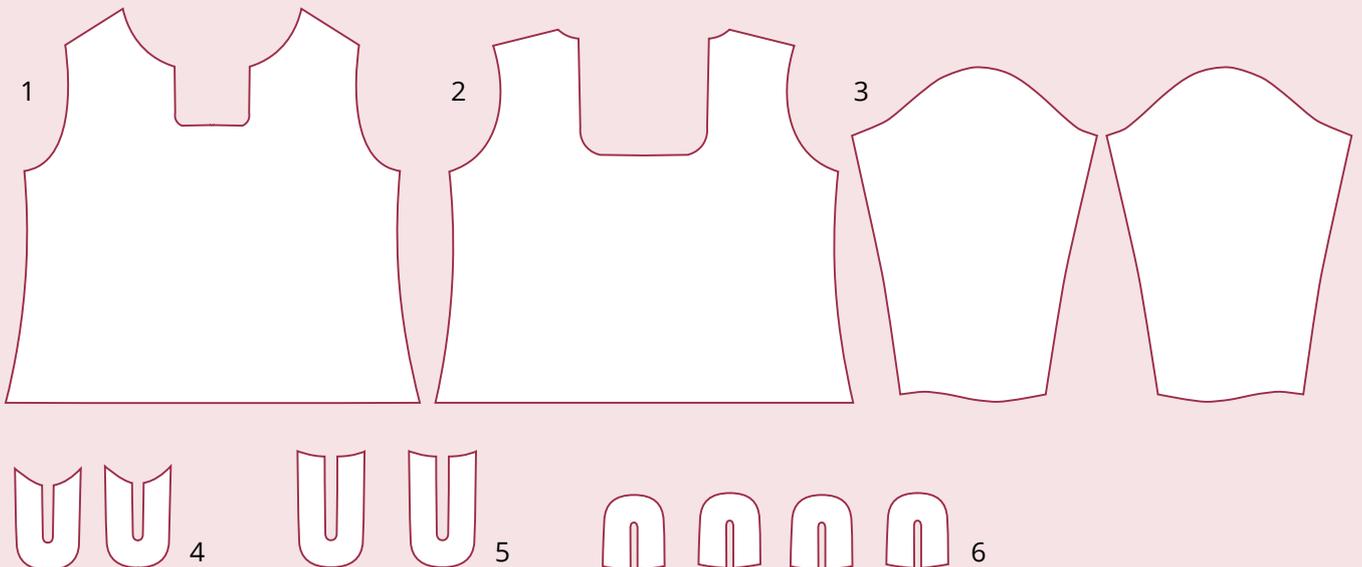
confection size	32	34	36	38	40	42	44	46
BH body height	168 cm	168 cm	168 cm	168 cm	168 cm	168 cm	168 cm	168 cm
CC chest circumference	80 cm	84 cm	88 cm	92 cm	96 cm	100 cm	104 cm	110 cm
WC waist circumference	65 cm	68 cm	72 cm	76 cm	80 cm	84 cm	88 cm	95 cm
HC hip circumference	90 cm	94 cm	97 cm	100 cm	103 cm	106 cm	109 cm	114 cm
SL sleeve length	59 cm	59,5 cm	60 cm	60,5 cm	60,5 cm	61 cm	61 cm	61,5 cm

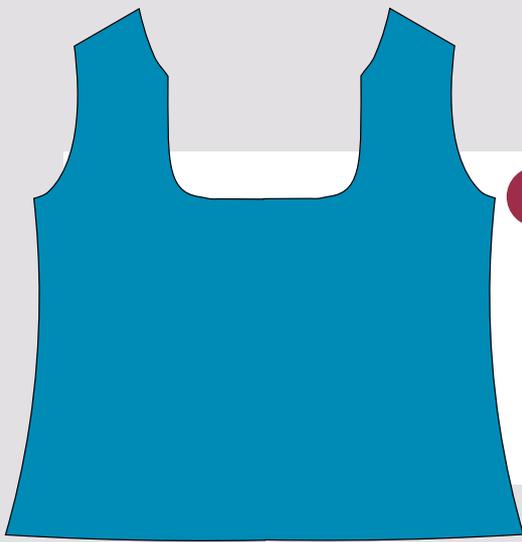
### List of cutting parts

After you have completed cutting, you will have the following sewing pieces in front of you:

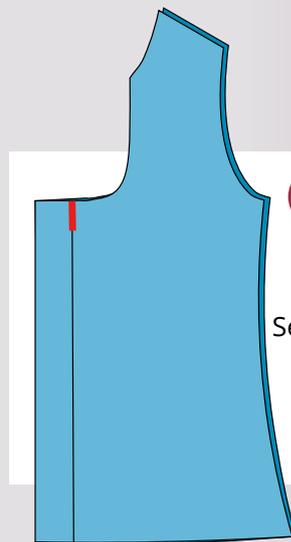
1. Front part 1 x
2. Rear part 1 x
3. Sleeve 2 x

4. Front insert 2 x
5. Rear Insert 2 x
6. Sleeve insert 4 x

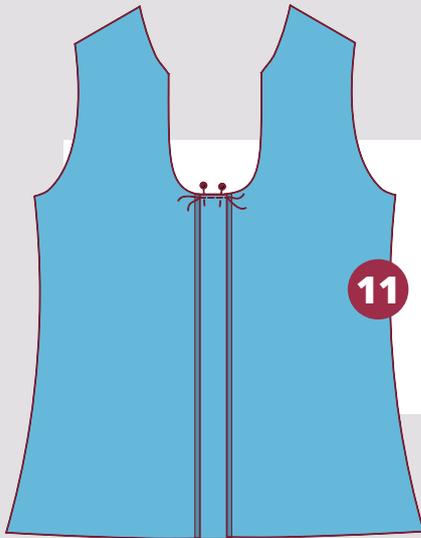




**9** **Place box pleats in front and back part**  
Place the front part with the right side up in front of you.



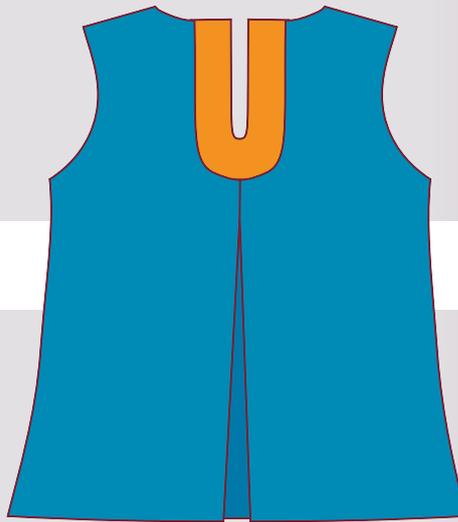
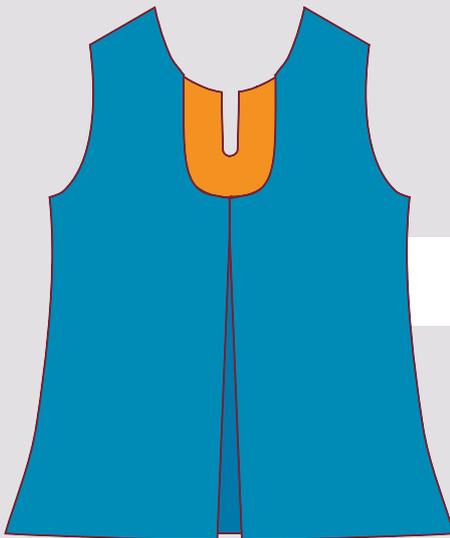
**10** Fold the front part in the middle and place the two sides right on right on top of each other.  
Sew at the mark of the box pleat from above approx. 5 cm.



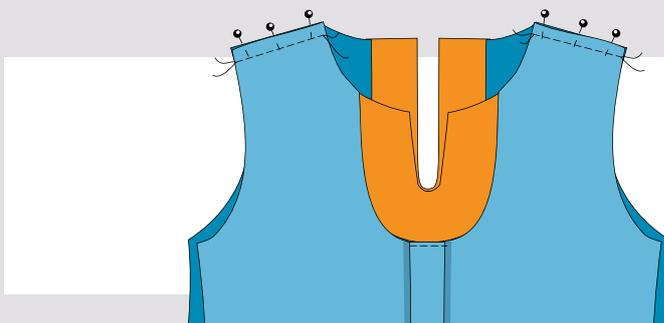
Unfold the front piece and put the fold flat. Secure the crease in the neckline with a narrow-edged seam.



From the front, it looks like this now. Finish the insert in the same way as for the sleeve and repeat steps **9** to **12** for the back.



**13** That's how your parts look now:



**14** **Closing shoulder seams**  
Place the front part right on right on the back part. This should be done in such a way that the shoulder seams are flush. Stick and sew the shoulders.