



MEASUREMENT CHART

The pattern of the SHO!wrap thing comes in two sizes. The difference between the two sizes is the length of the front piece.

If you are size 44 / 14 or larger I recommend to sew size 2, so that it won't be too tight around the bust after wrapping.

On the pattern piece of the front part there's a dotted line, that shows you where you can cut as well, if you want a little less fabric around your neck - so you can choose whatever you prefer.



FABRIC

For the SHO!wrap thing I recommend stretch fabrics, such as jersey, viscose jersey and any other stretchable knits.

If you want to use sweat or summer sweat, make sure that it is stretchy enough.



MATERIAL

- stretch fabric, according to cutting plan on pages 4 & 5
- neckband fabric for the neckband. Of course this can be sewn out of your main fabric as well.
- Sewing machine and/or serger

Bands

Now take the three pieces of the band (2 arm bands, 1 neckline band) and place the short ends onto each other, right sides together and sew it together (straight stitch) – press open seam allowance.

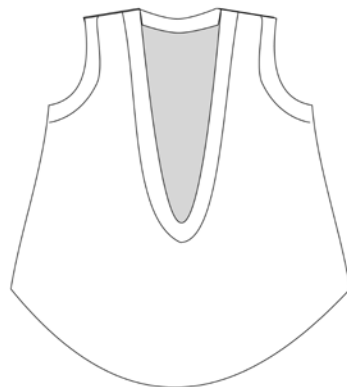
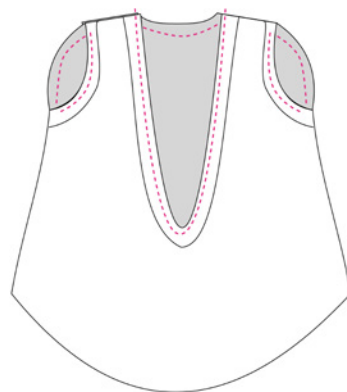
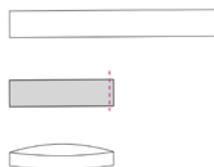
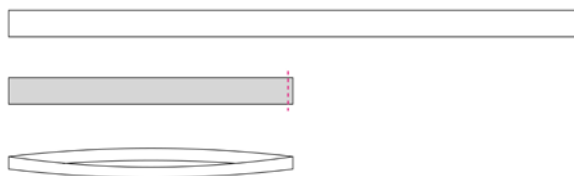
Fold the ring in half, right sides facing outwards – your band will have now half the height.

Turn your bodice right side out and place the neckline band around the neck hem and the arm bands around the arm hole and pin in place at regular intervals.

Take care that the seam of the arm band lines up with the side seams and the seam of the neck band lines up with the center back.

Fold your bands to the outside and press well.

You have finished your SHO!wrap thing :-)

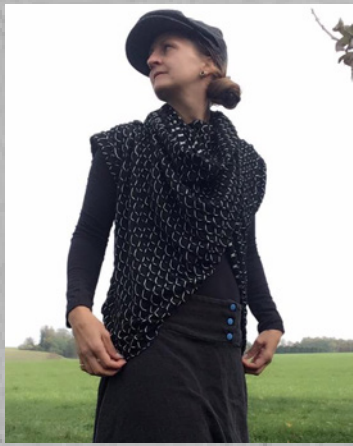


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